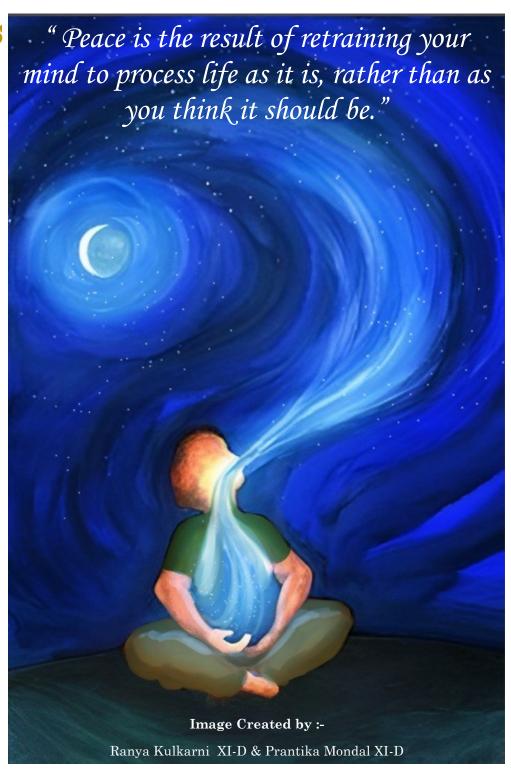


# DPS HARNI CHRONICLES

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### INTERNATIONAL YOGA DAY







TODAY, life is as much stressful for children as it is for adults.. The burden of academics, high family expectations



and cut throat competition, leave them feeling mentally saturated, lethargic and a sense of void at times.

All this makes it necessary for children to learn to unwind themselves through some kind of physical exercise. And nothing can be better than a few moments of Yoga which rejuvenates the mind and body.

With this in mind, and to celebrate the International Yoga Day, a special assembly was organized in the school for the students to make them aware of the importance of Yoga and also incorporate Yoga in their daily life.

Apparently it may seem that Yoga is simple but it is just not the case. One needs to be guided and trained to do the 'asanas' with the correct posture and breathing techniques to get full benefit. Our PTI teachers, therefore, took on the responsibility to train the children on some simple 'asanas' that they can easily practice at home.



# PARENT TEACHER MEETING CLASS IX & X















Parent Teacher meeting was conducted for classes IX & X on 24 June 2023.

It was a very positive and interactive session where they discussed about the students progress and improvement.

On the day of PTM stu-

dents displayed various activities created by them. The parents got an insight into the vistas beyond the text books.



















#### Inter House Competitions





**English Poem Recitation Competition** 





**Football Competition Boys & Girls** 





Solo Song, English Debate, English Story Telling Competitions













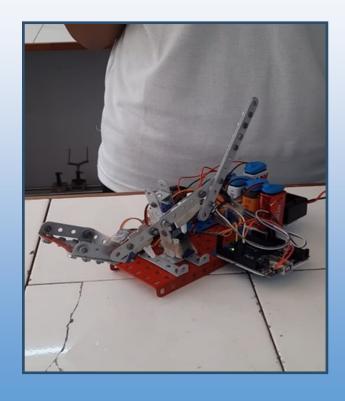
## Innovation

#### **MECHANICAL ARM**

In keeping with the aims of the National Educational Policy 2020 Delhi Public School Harni seeks to promote scientific temper among its students. Children are blessed with the sense of creativity and aesthetics which when put into form can create wonders.

Aryan Raj Patel of class 10 C successfully designed and created a mechanical arm as a part of his ATL project. The mechanical arm with a voice controlled technology is a prototype of the mechanical arm used in vehicle manufacturing industries and also can act as a helping hand. Though the arm, a servo motor, is very basic it can carry up to 200 gm of mass. It is made up of Arduino Uno, Motor Driver L298N, Servo Motors, Bluetooth module HC-05.

Video link: <a href="https://youtu.be/FHVDaDRrEdM">https://youtu.be/FHVDaDRrEdM</a>





## WHO WILL YOU BE

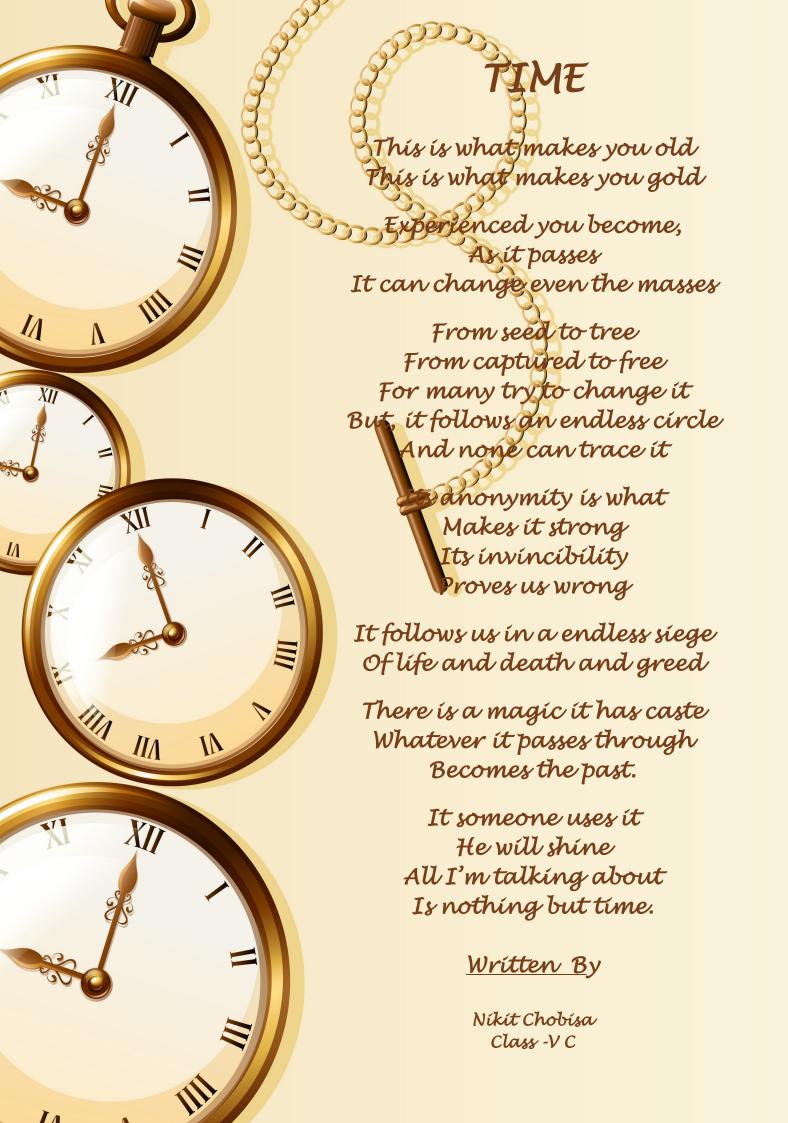
Life is full of choices
Some good and others bad
Some will make you smile
And others make you sad

Will you learn the lesson?
That brings you happiness
Will you bring confidence?
That finds you fear less

Who will you be tomorrow?
What will you become?
Will you just be pieces?
Or will be more than their sum

If you don't like the picture
Think about today
Find a path that's different
And let it find the way...

Written By:BHAVYA YADAV
VIII-E



## Alumni Meet













A session was conducted by our ex-student Pranita Goyal

on Career Opportunity with the students of Class X. She shared her experiences with the students. It was a very productive interaction and students were excited to learn about new career paths.

Students posed various queries related to cut-off marks, ranking of colleges which were deftly answered by Pranita.

#### LIBRARY ACTIVITY

Library activities had been conducted during the library classes wherein students of Classes VI – IX participated. The activity was titled "Readers of the Month" where the students picked books of their choice, read the whole book and wrote a book review about the book. Students were given 3 weeks' time to complete reading a book and to our surprise, students returned the book to the librarians much before time with happy faces.

This activity helped to develop among the students the love for reading, enrich their vocabulary and instill among them a new perspective way of thinking. About 178 students participated in this activity.

Primary students of Classes II – IV enjoyed making book-marks of various styles and designs. Students were told about the usage of a book-mark and also how to take good care of books while reading, handling and placing them back in shelves in a proper way.

To view more photos:

https://drive.google.com/drive/folders/1veNYQRaIMeMJan2Mvee4pzct\_eK4zrHe?usp=drive\_link



















